

Sustainable by Default in Dietetics - A New Roadmap for Change - 21/11/2024

09:15-10:00	Arrival and networking
10:00-10:05	Introductions <i>Hello and setting the scene</i> Tanya Haffner, Chair of the BDA Sustainable Diets Group
10:05-10:15	Welcome Liz Stockley, CEO BDA
10:15-10:20	Objectives for the day <ul style="list-style-type: none"> ● Ambition ● Scope ● Contributions and support Lead facilitator Adrian Byrne – Director, Real Zero
Problem statement	
10:20-11:45	The landscape that we are in (10 mins) <i>Professor Hugh Montgomery, Chair of Intensive Care Medicine (Honorary Consultant), University College London, Experimental & Translational Medicine, Co-Founder "Real Zero (Recording)</i> Why Sustainability in Dietetics? (10 mins) Tanya Haffner, RD, Chair of the BDA Sustainable Diets Group Key focus areas for creating sustainable guidance? (5 mins) Tanya Haffner, RD, Chair of the BDA Sustainable Diets Group Why plant-based eating? (20 mins) Dr Shireen Kassam, Consultant Haematologist and Honorary Senior Lecturer at King's College Hospital, London with a specialist interest in the treatment of lymphoma Plant-based nutrition (20 mins) Angeline Taylor, RD, Renal Dietitian at Royal Devon and Exeter NHS Trust Insights - knowledge, attitudes, awareness, barriers (20 mins) Michael Metoudi, RD, Dietitian and Research Scientist and Dr Victoria Bonn
11:45-12:00	TOILET AND MOVEMENT BREAK
12:00-1:00pm	Brainstorm <ul style="list-style-type: none"> ● What are we agreeing to achieve? <ul style="list-style-type: none"> ○ What are the key focus areas for Dietitians on Net Zero? ● What are our core objectives? ● What barriers do we need to overcome? ALL with invited panellists and facilitated by Adrian Byrne, Real Zero Emma Craig (RD) Clinical lead dietitian at Royal Hospital for Neuro-disability London Soraya Pineda (RD) Weight Management Rosie Martin (RD) Plant based and vegan expert

Sustainable by Default in Dietetics - A New Roadmap for Change - 21/11/2024

1:00 -1:45pm	LUNCH
1:45 - 3:00pm	Determining the most effective solutions
	<p>Case studies and external perspectives</p> <p>Sodexo in association with Nuffield Health (15 mins) Kamila Kik Regional Sustainability & Environmental Manager @Sodexo Health&Care UK&I and Sodexo HC Dietitian</p> <p>Greener by Default, USA and UK (15 mins) Heidi Fritz, RD, Greener by Default</p> <p>BeansMeals (15 mins) Lisa Didier</p> <p>Royal National Orthopaedic Hospital & ISS – staff restaurant pilot (15 mins) Michelle Nolan, Royal National Orthopaedic Hospital</p> <p>Q&As – 15 mins</p>
3:00 -3:15	BREAK
3:15 - 4:15	<p>Brainstorm</p> <ul style="list-style-type: none"> ● Critical success factors ● Barriers to change <p>ALL with invited panellists, facilitated by Adrian Byrne</p> <p>Corrine Toyn (RD) Chair of the BDA Industry Specialist Group</p> <p>Louise Kirkham (RD) Critical Care and BDA Sustainable Diets Specialist Group</p> <p>Claire Lynch (RD) Freelance</p> <p>Helen Ream (RD) Compass</p>
	Action planning
16:15-17:00	<p>Brainstorm – ALL</p> <ul style="list-style-type: none"> ● What are the key clinical, health and financial arguments? ● What are the critical success factors for each? ● What support do we need on policy and guidance? Internal and external ● Work streams – roles and responsibilities ● Resource capacity & requirements <p>Facilitated by Adrian Byrne</p>