What a dietitian can do...

Dietitians are experts in food and nutrition.

They are qualified and legally regulated health professionals.

They work in the NHS and privately to assess, diagnose and treat dietary and nutritional problems using scientific evidence.

BDA The Association of UK Dietitians

Dietitians can help with:

- Putting on weight lost due to eating difficulties or old age
- IBS and tummy problems
- Eating disorders
- Medical conditions like high blood pressure, cardiovascular disease & COPD
- Putting on weight lost due to illness
- Problems feeding babies and children
- Losing Weight
- Diet and the menopause
- Food allergies and intolerances
- Managing Diabetes Type 1 & Type 2

and much more...find out more at bda.uk.com/WhatDietitiansDo