

Frailty increases the risk of falls, hospitalisation and mortality.

Malnutrition leads to increased GP visits, prescription costs and referrals to secondary care & overall cost of treating a person with malnutrition is **two-to-three times more** than treating someone without.

75% of patients screened in primary care **were at risk of malnutrition.**

Dietitians can reduce frailty & manage malnutrition.



Following dietetic intervention:



improved various outcomes measures including; weight, BMI and hand grip strength*



£15K+

projected total annual cost savings were made by a dietitian reviewing oral nutritional supplements in 27 patients in primary care*

Benefit to patient and PCN: optimising nutrition management helps to reduce frailty, GP consultations and referrals into secondary care.